



Harrisburg Young Government Leaders

Volume 1, 2010

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President's Report by Amy Graeca, NAVSUP

Last year was a very successful year for the Harrisburg Chapter. My goal for this year is to continue that momentum and help the Chapter continue to grow.

...The members have hosted many great events during this first quarter, including one social, two volunteer and two professional development events. Last year, members were given the opportunity to volunteer to be assigned a month to lead

events during this first quarter. We have held one social, two volunteer and two professional development events. Last year, members were given the opportunity to volunteer to be assigned a month to lead a professional development

event. Due to the success of this plan, we have decided to have members volunteer for months again. This year we will be including monthly volunteer events along with the professional development events. I am looking forward to the events being planned for the coming months.

Amy Graeca is an employee of NAVSUP. She has been a YGL member for over three years and is President of Harrisburg YGL.

Dress for Success by Alyson DiMarco, NAVSISA

On Saturday, March 27, several Harrisburg YGL members volunteered at Dress for Success (DFS) South Central PA.



Dress for Success' mission is "to promote the economic independence of disadvantaged women by providing professional attire, a network of support, and the career development tools to help them thrive in work and in life." We arrived at the DFS boutique at 9:00 am and were greeted by Ruth Kouf, founder and CEO of DFS South Central PA, and Arlene DiMarco, the Volunteer Coordinator. Ruth started off the day by providing the volunteers with background information on DFS and how the organization assists disadvantaged women throughout the south central PA area.

DFS provides their "clients" with the tools to enter the workforce and to maintain employment. Each client is given a suit along with shoes, purses, and accessories to wear for their job interview. Once they receive the job, they are welcomed back to the boutique for an entire week's worth of work clothes to help them build their career wardrobe. DFS also provides retention tools for each client in the form of mentoring and providing various support programs. The organization also started a Computer Training Program and Career Center Program to give each client the opportunity to learn and sharpen skills necessary for their jobs. After receiving the

introduction from Ruth, we were given a tour of the facility and broken into workout groups. YGL members volunteered to vacuum the entire building, do some heavy lifting in the basement, clean and prepare rooms for an upcoming clothing sale, and sort through clothing. I was assigned to be one of the clothing sorters. We dug through a multitude of bags full of donated clothes and separated them into keep and Goodwill piles. We finished our assignments at 12:00 pm feeling very accomplished, knowing that we had a small hand in helping disadvantaged women in our area. The experience was very rewarding for all who attended.

If you would like more information about Dress for Success South Central PA, please visit www.dressforsuccess.org/southcentralpa.

Alyson DiMarco is an employee of NAVSISA and is the Volunteer Coordinator for Harrisburg YGL.

Benefits of YGL

- Network with other federal employees
- Develop leadership skills through professional development events and seminars
- Volunteer in the community around you
- Serve as a voice for future generations of young government leaders

Navy Resume System by Amanda Johnson, NAVSISA

"The event featured a presentation from Lisa Newton, an employee of the NAVICP Career Resource Center in Mechanicsburg, covering the Navy's hiring system commonly known as Resumix or CHART."

March's professional development event was hosted by Amanda Johnson; the event featured a presentation from Lisa Newton, an employee of the NAVICP Career Resource Center in Mechanicsburg, covering the Navy's hiring system commonly known as Resumix or CHART. The hour long brief covered multiple topics ranging from updates on system upgrades, a look at the journey of a resume, an overview of key facts about the Navy Resumix/CHART system, and an introduction to some

strategic tips on resume building. Lisa pointed out that in previous years, applicants submitted resumes to "open continuous" job announcements, but there are now "one time" jobs available in the system to which you can submit customized resumes. This is a new feature of the system which anyone looking for a higher grade position (GS-13 and above) should be aware of. The importance of creating your resume in Resumix/CHART soon after getting a job with the government was stressed; Lisa explained that being proactive in resume building

is crucial, especially since we can quickly forget tasks and projects that we have worked on that are important to include in the resume. Many Harrisburg YGL members are new to the federal government and have not been introduced to the many hiring systems used by the government; this provided a closer look at one tool which will allow members to further their careers in the Navy.

Amanda Johnson is an employee of NAVSISA and has been a member of YGL for over three years.

Diversity Recognition Awards Ceremony

YGL Members Honored at NSA Mechanicsburg by Kathryn Gamble, NOLSC

"...It was particularly exciting to see members of our organization recognized during the ceremony for their diversity related efforts..."

This year's NSA Mechanicsburg Martin Luther King Junior & Diversity Recognition Awards

Ceremony took place on February 9th. Workforce Diversity Director Ms. Darlene

Miller-Colley served as Master of Ceremonies for the hour long event which featured remarks by RADM Mike Lyden (Naval Supply Systems Command) and keynote speaker Mr. Peter Sparks, Deputy Secretary and Special Advisor to the Governor for Minority, Women-Owned and Disadvantaged Business Development.

While a number of YGL members attended the event, it was particularly exciting to see members of



our organization recognized during the ceremony for their diversity related efforts. Please join us in

congratulating the following members of YGL:

David Swinson, recognized for above and beyond diversity recruiting efforts through Cheyney University.

Christine Sharbaugh, recognized for her support of the newly established NAVSUP Cultural Awareness and Diversity Committee.

Alyson DiMarco, recognized for volunteering with NAVSISA's EEO/CR Committee's Tutoring and Mentoring Program, a major facet of the Navy's Community Outreach Initiative.

The Harrisburg Chapter of Young Government Leaders is proud to support the diversity efforts of our members. Not every effort can be recognized at such a formal level, but every individual who goes out of their way to make our organization, base, and community a better place should know that YGL is honored to support their endeavors.

Kathryn Gamble is an employee of NOLSC and has been a member of YGL for over two years.

YGL Visits the Sunday Breakfast Rescue Mission by Bill Bacovin, NAVICP

PHILADELPHIA – Harrisburg YGL members residing in the Philadelphia area recently completed a service project at the Sunday Breakfast Rescue Mission. The event was groundbreaking for the newly formed Philadelphia crew, being that it was their first volunteer effort together.

After the work day came to an end on Tuesday, March 23rd, those participating carpooled to the Sunday Breakfast Rescue Mission in Center City. The rescue mission has been dedicated to serving those who are hungry, homeless, and hurting in the Philadelphia area since 1878. Aside from feeding those in need, they also provide support to individuals who wish to turn their life around and pursue education. The rescue mission offers a transitional housing program for women and their children as well. However, on that Tuesday, YGL's main objective was to aid in feeding the hungry. The staff at the rescue mission could not have

made the YGL volunteers feel any more welcome; however, after brief introductions and some initial chit-chat, it was down to business. While the soon-to-be fed guests held an hour long session of praying and singing in an adjoining room, there was much work to be done. That hour was dedicated to the preparation of food and all the supplies that were needed to help serve. Next, each volunteer was assigned a specific duty on the production line. YGL members carried out jobs such as handing out trays, portioning the hot entrée, serving bread, distributing the dessert, and setting folks up with silverware.

"It was a lot of fun. Everybody was nice. Nobody yelled at us for messing up," said member Joshua DeBeary, who can be credited for spearheading the service project. "At the beginning, we definitely shut down the line a few times," he added kiddingly. The

volunteers needed a little practice to get used to the speed of the production line. When they did, however, they were able to keep a good flow. The group also had to master the art of working and making conversation with guests at the same time. At the end of the day, over 200 people left satisfied with a filling meal.

After the job was done, the group convened at a local restaurant for dinner. While discussing the experience, everyone agreed that it was time well spent at the Sunday Breakfast Rescue Mission. Some of the talk indicated a plan to return to the Center City establishment soon. In fact, rumor has it that the group will be revisiting the rescue mission in mid-April. Hopefully these good deeds will turn into a tradition of sorts for the YGL members in Philadelphia.

Bill Bacovin is an employee of NAVICP in Philadelphia and has been a member of YGL for the past year.

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Challenging Conversations by Laura Ritchey, NAVSISA

On February 25th, Harrisburg YGL members participated in a Professional Development webinar session about managing conflict in the workplace. Presenters included Eryn Kalish from Workplace Connections and Pat Zigarmi from the Ken Blanchard Companies.

This webinar session shared a five-step model to show members how to handle the most challenging, intense, and emotionally charged types of conversations.

This model includes the following steps:

- * *State your concerns directly*
- * *Probe for information to gain deeper understanding*
- * *Engage each other through whole-hearted listening*
- * *Attend to body language*
- * *Keep forward focused when possible*

This advice has helped many YGL members improve interpersonal relationships with coworkers and other people in the

workplace. All employees experience some form of conflict. This webinar reminded YGL members that the way people handle communication during conflict often directly determines the outcome of the situation.

Laura Ritchey is an employee of NAVSISA and has been a member of YGL for over three years. She is the Professional Development Chairperson for Harrisburg YGL.



YGL is a professional organization of men and women employed by the Federal Government that are young in service and fresh in perspective. Our mission is to educate, inspire, and transform the current and future leaders of the Federal Government.

Our organization is committed to serve as a coordinated voice for the current and future generations of young government leaders by providing a community of leadership through professional development activities, networking opportunities, volunteer opportunities, social events and seminars.



Inspire, Educate, and Transform
www.yglharrisburgpa.com

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For more information, please contact the executive board at the email addresses above, or email [**execboard@yglharrisburgpa.com**](mailto:execboard@yglharrisburgpa.com).

Upcoming Events

May 18, 2010 - Harrisburg YGL Planning meeting in the Pennsylvania Room, Bldg 409 at NSA Mechanicsburg

May 25, 2010 - Intergovernmental Technology Conference, IT Summit in Camp Hill, PA

May 29, 2010 - Baking Sweet Treats at the Ronald McDonald House in Hershey, PA

June, 2010 (Exact Date TBD) - DCO Online Training Session

July 6-7, 2010 - 1st Annual Next Generation of Government Summit in Arlington, VA

September 10, 2010 - 2010 imPAct Conference in Harrisburg, PA

October 14, 2010 - Pennsylvania Governor's Conference for Women at the Pennsylvania Convention Center in Philadelphia
(<http://pagovernorsconferenceforwomen.org>)

If you have any ideas for professional development or volunteer opportunities, or if you would like to host an event at your agency, please contact us. For Professional Development opportunities, contact Laura Ritchey (laura.ritchey@navy.mil). For volunteer opportunities, contact Alyson DiMarco (alyson.dimarco@navy.mil). Please make sure to CC: the Executive Board (execboard@yglharrisburgpa.com).